



# Excavation & Trench Safety

Build with the Best



Friday February 26, 2010 @ ETTI, 42 Capitol Ave, Lisbon Falls

AGCMAINE

*"Working in a trench roughly six feet deep I crouched down near the pipe our crew had been laying. Without warning the sides of the trench collapsed, completely engulfing me with a crushing sensation.*

*Immediately a sense of panic set in as I fully realized what had happened. Panic soon gave way to fear, as I realized the breaths I was taking were becoming more labored. Fear soon subsided as well replaced this time with a sense of warmth and well-being. As my concern with the situation lessened, I felt even more at ease; I was dying."*

**-Eric Giguere on his near death experience working in a trench**



**Above:** Rescuers digging out Eric from the collapsed trench.

**AGC Maine is proud to present, in partnership with ETTI, a life changing course. Participants will hear from a near death experience Eric Giguere encountered during a trench collapse in 2002. Participants will learn about excavation and trench safety with support from Shaw Bros & R.J. Grondin & Sons including safety trainer Martha Catevenis, hear from OSHA Area Director Bill Coffin and hear about an incident with an unattended trench.**

*Four hours of your life in this training could be worth a lifetime.*

## Event Agenda

8 AM - Unattended Trenches

9AM--Trench & Excavation Safety

10 AM-OSHA Presentation

11 AM-Eric Giguere's Story



*"You will not forget this seminar. Eric's story is compelling, anyone in the business will walk away with a new thought process on safety."*

**-Scott Kelly, ETTI President**



**Register online at [www.agcmaine.org](http://www.agcmaine.org) or fax form to 207-622-1625 or call 207-622-4741**

Name(s): \_\_\_\_\_

Company: \_\_\_\_\_ Tel \_\_\_\_\_

# of Attendees \_\_\_\_\_ x \$20 = \$ \_\_\_\_\_ Payment: Send Bill or Check Enclosed

Return to:  
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